

Oxfordshire Disability Sports Club Directory

Sport Club

Sports clubs in Oxfordshire that offer a wide range of sporting activities for those with disabilities.

Further information about the clubs and what they offer can be found on the club websites or on the Oxfordshire County council website:

<https://fisd.oxfordshire.gov.uk/>

Club Name	Contact details	Club Information	Age groups	Address	Comments
Archers					
Bampton Archers	Archery (bamptonoxon-parishcouncil.gov.uk) info@bamptonarchery.club	<ul style="list-style-type: none"> Fully inclusive club that welcomes all levels of skill 	8+	Bampton recreation ground	
Buscote Park Archers	Beginners Courses Buscot Park Archers secretary@buscotparkarchers.org.uk	<ul style="list-style-type: none"> Inclusive Field archery club All levels of experience with a wide variety of equipment 	Adults and Juniors	Variety	Welcome disabled students by there are no disabled toilets
Bowling					
Banbury VIP Ten Pin Bowling Group	Banbury VIP Ten Pin Bowling Group - British Blind Sport	<ul style="list-style-type: none"> Bowling for the blind and partially sighted 	Adults only	Lakeside Superbowl, George Street, Banbury, OX16 5BH	Thursday at 1pm
Dreaming Spires Ten- Pin Bowling	Dreaming Spires (VIP) Ten-Pin Bowling - British Blind Sport Email: admin@oxeyes.org.uk	<ul style="list-style-type: none"> Disabled club aimed at the visually impaired 	All ages	Dreaming Spires (VIP) Ten-Pin Bowling, Bowl Plex, Ozone Leisure Park, Grenoble Road, Oxfordshire, OX4 4XP	

Boxing					
Windrush Valley Boxing Club	http://windrushvalleyabc.com/ 07957642623 or 07957642622 windrushvalleyabc@outlook.com	<ul style="list-style-type: none"> ● West Oxfordshire inclusive boxing club. ● They encourage community inclusion and physical and mental health and fitness. 		The Old School Community Centre Church View Bampton Oxfordshire OX18 2NE	Monday, Tuesday and Thursday – 6:30 to 8 Seniors - £5 Juniors - £4
Cricket					
Inclusive cricket coaching	Website: Minster Lovell Lions - Inclusive Cricket Coaching Sessions Family Information Directory (oxfordshire.gov.uk) Phone: 07778 331564 (Mark Hubbert) 01993 771560 (Dave Mayers)	<ul style="list-style-type: none"> ● Provides inclusive cricket sessions for those with special needs and disabilities 		Wash Meadow Ground Old Minster Lovell Minster Lovell Witney Oxfordshire OX29 0RN	£2 a week
Inclusive cricket coaching	Website: Oxford Oxon's - Inclusive Cricket Training Family Information Directory (oxfordshire.gov.uk) Email: dgreen@oxoncb.com	<ul style="list-style-type: none"> ● Provides the opportunity for anyone from the disabled community to try out cricket for the first time or to develop the existing skills they have 	4 - 11 11 - 16 16 +	Horspath Cricket Club Oxford Road Horspath Oxford Oxfordshire OX33 1RT	
Disability Cricket	https://www.oxfordshire.cricket/participation/disability-cricket/ Richard Giles Head of Oxfordshire Disability Cricket E. rgiles@Oxoncb.com M. 07482 577424	<ul style="list-style-type: none"> ● Cricket sessions for children and young adults with any form of learning or physical difficulty. ● Super 1s – regular and competitive cricket ● The Hubs – Schools and colleges ● Table cricket 	12-25		

Cycling					
Adult Wheels for All – inclusive cycling	disability@oxfordshiresport.org 01865 252661	<ul style="list-style-type: none"> ●Cycling sessions for people with disabilities or differing needs 	16+	Horspath Athletics Track Oxford OX4 2RR	First and third Fridays of each month 10am to 2pm £3 a session
Junior Wheels for All	disability@oxfordshiresport.org 01865 252661	<ul style="list-style-type: none"> ●Cycling sessions for people with disabilities or differing needs 		Witney Artificial Turf Pitch, Gordon Way, Station Lane, Witney, OX28 4EL	First Sunday of each month 12:30 – 2:30
Dance					
Anjali Dance Company	Website: http://www.anjali.co.uk/ Phone: 01295 251909 Email: info@anjali.co.uk	<ul style="list-style-type: none"> ● Delivers inclusive dance sessions for those with learning disabilities ● Aims to challenge preconceptions about dance and those with learning disabilities by creating inclusive sessions and dance pieces ● Offers membership options ● Celebrates the creative abilities and artistic potential of people with learning disabilities . 	Open Class for 16+ Young Anjali for 13 - 24	The factory, unit 2, Power Park, Station approach, Banbury OX16 5AB	17:30 – 19:30
West Oxfordshire Wheelchair Dance	info@westoxwheelchairdance.co.uk 07920 403601	<ul style="list-style-type: none"> ● Dance school offering fully inclusive dance classes ● Adapt the classes and dances to meet your needs 		Whitney Leisure centre Sports Hall, Witan Way, Witney, Oxfordshire, OX28 4YA	
Football					

Inclusive Football at Oxford City casuals	<p>Website: https://inclusive.football/places/oxford-city-casuals/ Email: mark_heelis@hotmail.com Phone: 07714 756917</p>	<ul style="list-style-type: none"> ● Fun and safe pan-disability football club. ● Enthusiastic coaches that are passionate to help disabled children and adults to play football 	Ages: Under 8s, 8-11, 12-15, 16-18, all youth (under 18), 18-20 21-25, 25+ all adult (18+) seniors (40+)	Oxford City Football Club, Court Place Farm Marsh Lane, Headington Oxford OX3 0NQ	
Inclusive football	<p>https://inclusive.football Once you click on the teams you will find the contact details there</p>	<ul style="list-style-type: none"> ● A directory where you can search for inclusive football teams in Oxfordshire ● It includes the Oxford City Casuals and has a few other teams such as St Edmunds FC and Tower Hill Inclusive 	All ages from U8 to 40+	At a variety of different places	All Pan disability clubs of mixed gender
Henley YMCA casuals FC	<p>https://henleymca.org.uk/what-we-do/health-and-wellbeing/football-at-ymca-henley/ymca-casuals-update/ email: m.ray103@ntlworld.com 01491 411849</p>	<ul style="list-style-type: none"> ● Pan disability football team. ● Caters for all abilities 		Templeton House 2 Lawson Road Henley-on-Thames Oxfordshire RG9 1NZ	2 Lawson Road Henley-on-Thames
SummerTown Stars AFC	<p>HTTPS://WWW.SUMMERTOWNSTARS.ORG/ EMAIL: WELFARE@SUMMERTOWNSTARS.ORG</p>	<ul style="list-style-type: none"> ● Football club with a disability team 	4-16	Summertown Stars AFC Cutteslowe Park Harbord Road Oxford Oxfordshire OX2 8LH	
Downs syndrome football	<p>https://dsoxford.org.uk/resources/dso-clubs/oxford-united-tri-stars amanda@dsoxford.org.uk 01865 875832</p>	<ul style="list-style-type: none"> ● Football with support for people with downs syndrome ● Sessions with games and football skills and fun matches 	8+	The Dome Oxford Academy	Wednesday 5-6

And walking football club					
Golf					
Feel inspired Golf Academy	BB&O Feel Inspired Golf Academy for young people with special educational needs (Abingdon) Family Information Directory (oxfordshire.gov.uk) 07774 805644 01189 698730 Alan.leason@btopenworld.com	<ul style="list-style-type: none"> Golf for children and young people with special educational needs, intellectual or physical impairments. 	8-21 years	Drayton Golf Club, Drayton Park Steventon Road Abingdon Oxfordshire OX14 4LA	£25 On the weekends
Kurling					
Wantage New Age Kurling	Email: Megan.Horwood@GLL.ORG	<ul style="list-style-type: none"> low intensity session that can be played seated or standing 	All	Wantage Leisure Centre, Portway, Wantage OX12 9BY	Thursdays 3:15 – 4:15
Other Activities/ multi- sports					
OXS RAD	Website: https://www.oxsrad.org/ Phone: 01865 741336 Email: info@oxsrad.org	<ul style="list-style-type: none"> Fully inclusive and accessible Offers flexible membership options Provides a wide range of activities including, Gym sessions, Boccia, Spin classes and Moto Med and Football. Provides a wide range of facilities including a gym room, spin room and sensory room	All	OXS RAD, Court Place Farm, Marsh Lane, Marston, Oxford, OX3 0NQ	Monday to Friday 7:00 – 21:00 Saturday – 8:00 – 16:00 Sunday – 9:00 – 16:00
Oxford Flyerz	https://oxfordhawks.co.uk/flyerz/ junior-coaching@oxfordhawks.co.uk	<ul style="list-style-type: none"> People with pan-disabilities and involves a variety of activities, exercise and most 	4+	Oxford Hawks Hockey Club, Banbury Road North Sports	EVERY SUNDAY MORNING

		importantly fun. There is absolutely no hockey experience needed, all you need to bring is enthusiasm		Ground, 546 Banbury Road, Oxford, OX2 8EQ	from 9.45 - 10.30am
Athletics	https://oxfordcityac.com/inclusive-athletics/ contact Richard Hart – richard@parkerhart.co.uk	<ul style="list-style-type: none"> Inclusive athletics group, open to under 18s with physical and learning difficulties, and their siblings 	Under 18s	Horspath Road Athletics track	Wednesday evenings
KEEN Oxford	Website: https://www.keenoxford.org/ Phone: 07729 286 992 Email: keen@keenoxford.org Social media: @KEENOXford @LOVEinclusion Programme manager: Abi Owen	<ul style="list-style-type: none"> Provides a wide range of fully accessible and inclusive classes A part of “Inclusive Oxfordshire” - A joint project involving organisations including Active Oxfordshire that is aiming to increase inclusivity and accessibility within Oxfordshire There are virtual projects and activities too for those who can't get there. 		KEEN, St Clement's centre, Oxford OX4 1DA	
All Sorts (KEEN Oxford)	Website: https://www.keenoxford.org/ Phone: 07729 286 992 Email: keen@keenoxford.org Social media: @KEENOXford @LOVEinclusion Programme manager: Abi Owen	<ul style="list-style-type: none"> Participants engage in 3 activities ranging from traditional sports to more untraditional activities Sessions are led by experienced leaders who design each session to suit all abilities 	Ages 4 – 25	Autumn and Spring terms: Leys Pool and Leisure Centre, Pegasus Rd, OX4 6JL. Summer: New College Recreation Ground, OX1 3JA.	Saturday afternoons 14:00 - 15:20 (ages 4-12) and 15:40 - 17:00 (ages 13-25)
GrEAT SPORTS	Website: https://www.keenoxford.org/great-sports Phone: 07729 286 992	<ul style="list-style-type: none"> GrEAT Sports is a multi-sports club, introducing a new sport every 3 weeks 	18+	Autumn and Spring terms: Leys Pool and Leisure Centre,	Tuesday 19:00 to 20:00 for 12 weeks

	<p>Email: keen@keenoxford.org Social media: @KEENOXford @LOVEinclusion Programme manager: Abi Owen Inclusive communities manager: Katie Forsyth. buddies@keenoxford.org</p>	<p>allowing a good introduction to each sport and allowing the development of new skills.</p> <ul style="list-style-type: none"> Led by talented session leaders but also often invite local professional instructions to lead the sessions, so you can benefit from expert coaching. <p>Sports are varied, such as hockey, football, tennis, Zumba and martial arts.</p>		<p>Pegasus Rd, OX4 6JL. Summer: New College Recreation Ground, OX1 3JA.</p>	
The Parasol Project	<p>Website: https://www.parasolproject.org/ Phone: 01865 742861 Email: info@parasolproject.org</p>	<ul style="list-style-type: none"> Provides inclusive activities for those at risk of social exclusion Offers a wide range of activities for different age groups Provides activities including, but not limited to, Laser tag, Bouncy castles, Water sports, Dance and go karting. 	<p>Activities for teens and dance group for ages 13 – 19 And there are activities for children</p>	<p>Tower Playbase, Maltfield road, Northway, Oxford, OX3 9RG</p>	<p>Term time and throughout the holidays and Saturday dance group.</p>
Let's Play Project	<p>Website: https://letsplaybanbury.org/ Email: info@letsplaybanbury.org Phone: 01295 263694 Or 10295 810661</p>	<ul style="list-style-type: none"> Provides play and leisure opportunities for children with additional needs Runs after school and in the school holidays 	<ul style="list-style-type: none"> Open to ages 5-25 	<p>Manor Farm, Twyford Rd Twyford Banbury OX17 3JL</p>	<p>Monday to Friday 3:45 – 6pm</p>
Better	<p>Website: Disability Membership Gym, Swim & Classes Better For Carterton Leisure centre</p>	<ul style="list-style-type: none"> Better provide a range of loads of different activities for example: swimming, football, dance, multi-sports and 		<p>At a range of different places</p>	<p>There is a full timetable Monday to Friday of</p>

	<p>Inclusive (better.org.uk) Email: jennifer.bennett@gll.org or jennifer.bennett@westoxon.gov.uk Phone: 01993 861564</p>	<p>seated exercise. Also access to the gyms, pools, fitness classes and much more.</p>			<p>inclusive activities.</p>
Oxford University Sport	<p>Website: Accessible Sport Oxford University Sport Email: sportsfed@sport.ox.ac.uk Phone: 01865 611491</p>	<ul style="list-style-type: none"> Working with different Disability organisations it means all sports clubs at the University of Oxford welcome enquiries from those with a disability regarding access ability of that sport. There are a range of different sports, for example Para- archery, para-athletics, wheelchair basketball and Para-swimming 		<p>Oxford University sport Iffley Rd sports centre Iffley Rd Oxford OX4 1EQ</p>	
CLEAR (clinical exercise and rehabilitation research group)	<ul style="list-style-type: none"> +44 (0)1865 483630 jcollett@brookes.ac.uk 	<ul style="list-style-type: none"> Work with the CLEAR trust to enable children and adults with complex health conditions and reduced physical activity to participate in exercise and rehab programmes. 	Any	<p>Oxford Brookes University Headington Campus, Oxford OX3 0BP</p>	
SEN Inclusive Soft Play session	<p>SEN Inclusive Soft Play session Family Information Directory (oxfordshire.gov.uk) 01993 202020</p>	<ul style="list-style-type: none"> Inclusive Soft play session for under 5s and their families. 	Under 5	<p>Witney Leisure Centre, Witan Way, Oxfordshire OX28 4YA</p>	<p>Friday Afternoons (term time only) 13:00 – 15:00 £2 per session</p>
Equicate	<p>Equicate – Activities for those who enjoy the outdoors and farms – Oxfordshire's Learning Disabilities Community (ldox.org) Email: equicate@outlook.com 07749 971361</p>	<ul style="list-style-type: none"> Offers services for adults with additional needs from 10am to 3pm during the week 		<p>Deer Farm Stables, Menmarsh Road, Worminghall, Bucks, HP18 9JZ</p>	

West Disability Multisports club	West Disability Multi Sport Club - British Blind Sport 01993 861564 Jenny.bennet@westoxon.gov.uk	<ul style="list-style-type: none"> ● Mutli-sports for young people with a disability (all sight levels). 	All ages	Windrush Leisure Centre, Witan way, Witney, OX28 4YA	
Oxfordshire Deaf Children's society	https://www.oxfordshire-deaf-childrens-society.org.uk/ phone: 07946 304803 email: oxforddcs@gmail.com	<ul style="list-style-type: none"> ● Provides opportunities for families with deaf and hearing impaired children and young people. 		Oxfordshire Deaf Children's Society, 52 Rosamund Road Wolvercote OX2 8NX	
Oxfordshire Association of the Blind	Oxfordshire Association for the Blind Family Information Directory 01865 725595 admin@oxeyes.org.uk	<ul style="list-style-type: none"> ● Charity that support children and adults who are blind or partially sighted. ● Provide services and equipment allowing the visually impaired people to live independent lives 		Oxfordshire Association for the blind Bradbury Lodge Gordon Woodward Way Oxfordshire OX1 4XL	Monday – Friday 9:00 – 16:00
Riding					
Abingdon RDA	http://www.rda-abingdon.org.uk/ rda@greytiles.plus.com	<ul style="list-style-type: none"> ● Giving everyone the opportunity to experience and enjoy riding. With social events and competitions too. 	2 – 70 years	Charney, Road Southmoor Abingdon OX13 5HW	
New Yatt RDA	http://newyattrda.org.uk/ 01993 883832 nyrda-riders@googlegroups.com	<ul style="list-style-type: none"> ● Riding lessons and sessions for those with disabilities. 		New Yatt Riding for the Disabled Wilcote Road North Leigh Witney OX29 6WT	
Rowing					

Oxford Adaptive Rowing Club (Rowability)	https://oxfordrowingclub.org.uk/adaptive/adaptive.rowing@oxfordrowingclub.org.uk	<ul style="list-style-type: none"> • Welcome anyone with a physical, sensory or learning impairment who want to take up the sport 		City Of Oxford Rowing Club City Boathouse, Meadow lane, Oxford OX4 4BL	10:00 - 13:00 every Sunday But flexible, can do just one of those hours.
Rugby					
Witney Wolves Inclusive Rugby	Witney Wolves (witney-wolves.org.uk) Theresaclark1234@aol.com 01993 882447	<ul style="list-style-type: none"> • Special needs tag rugby team for boys and girls • Range of disabilities and they cater for all needs 	7+	Witney rugby club Hailey Road OX29 9UH	Sunday 10-11:30 in September to May
Gosford All Blacks		SEND friendly inclusive rugby sessions. Family members welcome to join in too.	4 – 17	Stratfield Brake Sports Ground, Frieze Way, Kidlington OX5 1UP	10-11am on Sundays September to may
Wallingford Wolves		SEND inclusive. A good proportion of the current player have physical disabilities as well as SEND	5- 30	Hithercroft Sports Park Hithercroft Road Wallingford UNITED KINGDOM OXFORDSHIRE OX10 9RB	11-12 on Sundays, September 10 th to May
Sailing					
Sailability	Website: https://www.oxfordsailing.club/page/142533 Email: oxfordsailability@gmail.com	<ul style="list-style-type: none"> • Provides water sports sessions and training for those with learning and physical disabilities • Offers group and individual sessions • Provides sessions and training with a wide range of water sports including dinghies, sailing etc 		Farmoor reservoir, Cumnor road, Farmoor, Oxford, OX2 9NS (Gate 3)	April to October on a Tuesday evening
Swimming					

Downs Syndrome International Swimming Organisation	https://www.dsiso.org/info@dsiso.org Down Syndrome International Swimming Organisation – Down Syndrome International Swimming Organisation (dsiso.org)	<ul style="list-style-type: none"> ● Opportunity to swim at a very high level with downs syndrome. ● Stops them being excluded 		A range of different places	
Kennington and Abingdon Dolphins	http://www.abingdondolphins.co.uk/locations.html Phone: 07931 714120 Email: enquiries@abingdondolphins.co.uk	<ul style="list-style-type: none"> ● Swimming for people with a disability and their carers ● All sight levels 	All ages	Radley College Sports Centre, Abingdon, Oxon, OX14 2HR	
Oxford Swans Swimming Club	About Oxford Swans Swimming Club Email: oxfordswans@gmail.com	<ul style="list-style-type: none"> ● Swimming Club for disabled people. ● With the aim of getting swimmers to become confident and happy in the water. 	All ages	Saturdays 10am-12pm at: Ferry Leisure Centre Diamond Place Summertown Oxford OX2 7DP Tuesdays 6pm-7pm at: Leys Pool and Leisure Centre Pegasus Rd Oxford OX4 6JL	Currently not accepting new members due to staff shortage
SOLL The Park Club	SOLL The Park Club - British Blind Sport Phone: 01235 861289 Email: info@parkclub.co.uk	<ul style="list-style-type: none"> ● Swimming classes tailored around adults with learning or physical disabilities 	All Ages	The Park Club, 17 Park Drive, Milton Park, Abingdon OX14 4RS	
Tennis					
Tennis for disabled children	Website: Tennis for Disabled Children Family Information Directory (oxfordshire.gov.uk) Email: cd.hand@yahoo.co.uk (Chris Hand) Phone: 07970 481707	<ul style="list-style-type: none"> ● Tennis sessions for children with special needs and disabilities ● Led by a LTA coach and provides additional support 		Vicarage Lane, Shrivenham, Oxon SN6 8DT	Sessions are 1 hour long Equipment and refreshments are provided

Tennis for disabled adults	Website: https://notlc.co.uk/find-a-coach/family-sessionsDisability Sessions - North Oxford Lawn Tennis Club (noltc.co.uk) Email: disability@oxfordshiresport.org Phone: 01865 252661	<ul style="list-style-type: none"> ● Tennis sessions for adults with learning disabilities. ● Learn ball and racket skills, fitness and fun games 	16+	North Oxford Lawn Tennis Club, North Sports Ground 546 Banbury Road Oxford OX2 8EQ	Thursday 1- 2 £4 a session
Bicester Tennis Club Learning Disability Tennis Programme	https://www.bicestertennisclub.co.uk/the-local-community.html Email: info.bltc.tennis@gmail.com	<ul style="list-style-type: none"> ● BLTC works with local disability groups to support active participation in disabled tennis 		Bicester Lawn Tennis Club, London Road, Bicester, Oxon, OX26 6BU	
Downs Syndrome Active Tennis Session	https://www.dsactive.org.uk/tennis-session/ Phone: 03331212300 Email: dsactive@downs-syndrome.org.uk	<ul style="list-style-type: none"> ● Provide opportunities for people with Down's syndrome to lead active and healthy lives 		<i>White Horse leisure Centre, Abingdon, OX14 3PJ</i>	
Wheelchair tennis and visually impaired tennis (soundball)	Sue.auger@GLL.org	<ul style="list-style-type: none"> ● Fun and inclusive sessions for those who are visually impaired or in a wheelchair. 		<i>White Horse leisure Centre, Abingdon, OX14 3PJ</i>	Non-wheelchair users welcome too
Tennis Oxfordshire	https://tennisoxfordshire.co.uk (Then go to inclusivity) info@tennisoxfordshire.co.uk	<ul style="list-style-type: none"> ● Has inclusive sessions including: wheelchair tennis, visually impaired tennis, walking tennis, learning difficulties tennis and deaf tennis. 		<i>Range of different locations</i>	
Trampoline					

Ricochet Trampoline Club	ricochet-tc.co.uk kbunyan@hotmail.co.uk 07914 810745	<ul style="list-style-type: none"> ● Offers disability trampolining with sessions adapted to individual needs 	All ages	<i>Go Trampolining Centre, Unit 3C Bridge Warf, Bridge Street, Banbury, Oxon, OX16 5AY</i>	
Higher Energy Trampoline Club	https://www.higher-energy-trampolineclub.com/sessions/ http://funfor-everyone.webs.com/ 07891 419 793 info@higher-energy-trampolineclub.com	<ul style="list-style-type: none"> ● Private tuition for individuals and groups of all ages and disabilities. Sessions planned to the needs of the individuals. 	All Ages	<i>Blackbird Leys leisure centre, and also Carterton Sports Centre and Kidlington and Gosford Leisure Centre and finally Chipping Norton Leisure Centre</i>	
Wheelchair Basketball					
Oxfordshire Heat Wheelchair basketball	Website: Oxfordshire Heat wheelchair basketball Family Information Directory Email: wbc@oxfordshireheat.com https://www.facebook.com/OxfordshireheatWBC/	<ul style="list-style-type: none"> ● All-inclusive sports club ● All about having fun and being active ● They don't just have basketball; they also do dodgeball and volleyball and more 	Junior and Seniors 5+	White Horse Leisure Centre Abingdon Oxford Oxon OX14 3PJ	Sundays at 12 for Juniors and Fridays 7:45 to 8:45for seniors Every other week for £4

Social Groups

In this section you will find a range of different social groups that offer a variety of services for all age ranges, the services provided vary from Nightclubs to Junior social groups, all aimed at increasing inclusivity and accessibility for those with disabilities.

Club Name	Contact Details	Club Information	Age Groups	Address	Comments
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KEEN teens (KEEN Oxford)	<p>Website: https://www.keenoxford.org/keen-teens</p> <p>Phone: 07729 286 992</p> <p>Email: keen@keenoxford.org</p> <p>Social media: @KEENOxford @LOVEinclusion</p> <p>Programme manager: Abi Owen</p>	<ul style="list-style-type: none"> ● Aimed at teenagers ● Provides activities such as, baking, science experiments and different challenges ● Provides One-to-One support ● Aims to boost independence and social skills. 	Teenagers	St Clements centre, Cross Street, Oxford, OX4 1DA Occasionally sessions may take place in the local park or other local	● Sessions run on a Monday evening from 18:00-19:20
Zig-Zag (KEEN Oxford)	<p>Website: https://www.keenoxford.org/zig-zag</p> <p>Phone: 07729 286 992</p> <p>Email: keen@keenoxford.org</p> <p>Social media: @KEENOxford @LOVEinclusion</p> <p>Programme manager: Abi Owen</p>	<ul style="list-style-type: none"> ● Provides weekly performing arts sessions for those with disabilities. ● Sessions include a mix of, Dance, Music, Arts and crafts, and Games ● Each new term focuses on a new theme. 	4- 11	St Clements centre, Cross Street, Oxford, OX4 1DA	Thursday evenings for 8 weeks from 17:30 to 18:30
Lets Play Project	<p>Website: Let's Play Project (Youth Group) Family Information Directory (oxfordshire.gov.uk)</p> <p>Email: info@letsplaybanbury.org</p> <p>Phone: 01295 810661</p>	<ul style="list-style-type: none"> ● Youth group that gives young people a chance to make friends and learn new skills such as jewellery making, arts and crafts, bowling and swimming and many more. ● They also do a holiday club with trips away 	11- 25	Lets Play Project Twyford Road Banbury Oxfordshire OX17 3JL Sometimes other various locations	<ul style="list-style-type: none"> ● In term time – Monday to Friday 3:45-6pm ● Youth groups: Thursdays (11-14 years) and Fridays (14-25 year olds) – 6:30 to 8:30 £9.50 per session ● Holidays – Monday to Thursday 10:00 – 15:00
GrEAT Social (KEEN Oxford)	<p>Website: https://www.keenoxford.org/zig-zag</p> <p>Phone: 07729 286 992</p> <p>Email: keen@keenoxford.org</p> <p>Social media: @KEENOxford @LOVEinclusion</p> <p>Programme manager: Abi Owen</p>	<ul style="list-style-type: none"> ● Inclusive social club for over 18s ● Provides a range of activities including, pub quizzes, park picnics and games nights ● Activities are designed around a set theme ● Provides a comfortable and inclusive environment for adults with special needs and disabilities. ● Aims to build confidence and encourage independence 	18+	St Clements centre, Cross Street, Oxford, OX4 1DA Occasionally sessions may take place at the local pub, park and other local attractions	Sessions run on Monday evenings from 19:30-21:30

Stingray Nightclub	Website: https://www.mylifemychoice.org.uk/ Email: yazz@mylifemychoice.org.uk Phone: 01865 204214	<ul style="list-style-type: none"> ● Provides an inclusive and accessible nightclub for those with special needs and disabilities ● Provides a friendly inclusive atmosphere to encourage independence, social skills and to also help people avoid social exclusion. 		The Spirit Bar, 13 Park End Street, Oxford, OX1 1HH	Takes place on the first Tuesday of every month from 18:30 - 21:30
PHAB	Website: https://www.phab.org.uk/ Email: info@phab.org.uk Phone: 020 8667 9443 Oxford Email: mary@oxfordphab.org.uk Oxford phone: 01865 721 294	<ul style="list-style-type: none"> ● Provides a number of different individual and group activities including, sports, crafts, visits to local attractions etc ● Inspires and supports those with special needs and disabilities to take part in activities and be part of a community ● Provides support to help the growth of social skills and prevent social exclusion 	8- 18 and 18+	Wesley Memorial Methodist Church, New Inn Hall Street, Oxford OX1 2DH	
KEEN Buddies	Website: https://www.keenoxford.org/keen-buddies Phone: 07729 286 992 Email: keen@keenoxford.org Social media: @KEENOxford @LOVEinclusion Programme manager: Abi Owen	<ul style="list-style-type: none"> ● Promotes inclusion and community by creating 1-1 buddies based on shared interests ● Buddies meet up and do fun activities 	Any Age	St Clements centre, Cross Street, Oxford, OX4 1DA	
Guideposts trust	https://guideposts.org.uk/services/area/oxfordshire/dshire Phone: 01993 893560 Email: info@guideposts.org.uk	<ul style="list-style-type: none"> ● Provides friendship matching and fun activities for those with special needs ● Provides a range of different activities including, dig n grow, forest school. 	All	Lots of different venues	<ul style="list-style-type: none"> ● Session times vary depending on where and what activity is taking place.
Yellow Submarine	Website: https://www.yellowsubmarine.org.uk/ Email: hello@yellowsubmarine.org.uk Phone out of hours: 07890 087168 07979 151975 Office phone: 01865236119	Offers holiday clubs and residential trips for those with special needs and disabilities The youth club includes a breakfast club programme, youth clubs and residential trips.	11-18 and adults	Oxford hub, office & cafe: 12 Park End Street, OX1 1HH	For adults: <ul style="list-style-type: none"> ● Monday Night Club (social club in Oxford). ● Tuesday Night Club (social club in Didcot) ● Wednesday Night Club (social club in Witney)

					<ul style="list-style-type: none"> ● Residential holidays (throughout the year) ● Adult Summer Day Activities (summer holidays only). <p>For young people it is run in the holidays</p>
Courtenders youth club	Email: kim.richardson@oxfordshire.gov.uk Phone: 01865 328470	An inclusive club for young people with additional needs			
Red kite	https://www.redkitefamilycentre.org/activities email: info@redkitefamilycentre.org phone: 01844261163	<ul style="list-style-type: none"> ● Inclusive, fun sessions for those who have additional needs ● There are Autism support groups and activities every day. ● Focussing on enhancing physical, mental and social health. 	Mums, Dads, Carers, babies and pre-school children	Variety	
Barnardo's	Thomas.calley@barnardos.org.uk Meg.robson-austin@barnardos.org.uk 07752 785586	After school and holiday clubs for those with physical and/or learning disabilities	Ages 5 - 18	Springfield, Whitney and Kingfisher schools, Abingdon OX28 1DX	
Styleacre	https://styleacre.org.uk 01491 838760 info@styleacre.org.uk	<ul style="list-style-type: none"> ● Enhances the lives of people with learning disabilities and autism 		Evenlode House, Howbery Park, Benson Lane, Wallingford, Oxfordshire, OX10 8BA	